

# PAT Personal Visit Planning Guide Support Form

This form was designed to provide answers to common questions pertaining to agency guidelines on the PAT Personal Visit Planning Guide (PVPG)

## Parent Child Interaction

### PAT activities can be ...

- repeated with the same family.  
*Suggestion: Reflect on child's abilities from previous time activity was completed.*
- from different age ranges and be adapted to fit the needs of the child.
  - Ex: You may choose a 24–36-month activity for a child that is 18 months.
- Can be adapted to fit the needs or likes of the family and child.
  - Ex: Swapping out listed materials for readily available materials in the home.
  - If a parent wants to work on an activity they saw online, connect it to a PAT Activity.
- Can be chosen when the “What’s in It for Us?” section doesn’t share the child’s developmental goal.
  - Add and discuss the developmental domain to the blank lines.

## Development-Centered Parenting & Family Well-Being

- Resources and information can be shared that are agency approved curriculums and/or are researched based, trusted sources for information.
  - Under categories, write in chosen topic.
  - Ex: PAT Curriculum, Family Service Credential (FSC) Training, DECA, Partners for a Healthy Baby Curriculum, Your Journey Together, Conscious Discipline, Dental Curriculum, ECLKC, Play Project, Zero to Three website, Theraplay, HOVRS, Hanen, Mighty Minutes.
- Family Goals can be discussed in this section.
- Community resources can be shared and noted when it pertains to individual needs of the family.  
\*Not general information that may be shared with all families.

## Miscellaneous Updates and Clarification:

- One key point is required per area of the PVPG.
- CFS can use the PAT Parent Handout as the resource when CFS has detailed understanding of the topic being shared.
  - PAT requests that if a CFS needs deeper knowledge, Parent Educator Resource is utilized.
- When child is not present or sleeping, home visit plans can be repeated and/or PVPG form can be reused. The PVPG form *MUST* clearly show two dates and two signatures from each home visit.
- Providing PAT Parent Handouts is not a requirement at every visit. Providing key points from resources is essential.
- Planning for upcoming visit should be identifiable on form.
  - Ex: PAT activity for next week, shared materials discussed, etc.

### *Intent: What will we focus on at this visit?*

An intent is required to be included in all three areas of the PVPG. (Parent Child Interaction, Development-Centered Parenting, family Well-Being).

#### **Below is a list of examples or starting phrases**

- **Encourage** parent-child interaction through play.
- **Introduce** and discuss areas of child development.
- **Explore** the status of preventative health care.
- **Build parents' awareness** of personal and family views on discipline.
- **Enhance** parenting strategies for successful transitions.
- **Discuss** family environments.

### *Prompts or Questions: to understand the family's perspective and practice of the topic.*

A prompt is required to be included in all three areas of the PVPG. (Parent Child Interaction, Development-Centered Parenting, family Well-Being).

**Suggestion-** *Read the chosen resource to provide ideas on how you would like the conversation to go.*

#### **Below is a list of examples or starting phrases**

- What have you noticed your child doing that might be unsafe?
- How does your child show you that he is connected to you?
- Tell me about your mealtime routines.
- What are your thoughts on discipline?
- Tell me about your family's health.