

# PAT Activity Pages: Birth to 1 ½ Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Blanket Swing: Singing and Swaying to Rhythm p.807 Materials: Small, sturdy blanket, a partner	X			X	Nurturing
Caregiving Routines: Trusting and Comforting p.809 Materials: Your baby and you	X	X			Designing/Guiding
Dancing Ribbons: Stimulating the Senses and Observing Your Baby p.811 Materials: 4 or 5 brightly colored ribbons about 8 inches long, wooden spoon or paint stick, book with crinkly or squeaky pages.			X	X	Supporting Learning
Face Pattern: Visual Tracking and Focusing p.813 Materials: Paper plates or lightweight cardboard, glue or glue stick, masking tape, paint stick or wooden spoon, scissors, <b>Face Pattern</b> parent handout or large magazine picture of a baby's face.		X	X		Designing/Guiding
Face-to-Face Talking: Communicating and Looking p.815 Materials: your baby and you	X	X			Communicating
Hush, Little Baby: Holding and Soothing p.817 Materials: You and your baby	X	X			Nurturing
Infant Massage: Getting in Touch and Calming p.819 Materials: A blanket, small amount of vegetable oil in a cup or saucer		X		X	Responding
Looking at Faces: Looking and Loving p.821 Materials: Black-and-white face pattern from the parent handout <b>Seeing Simple Patterns</b> , Black magic marker, lightweight cardboard, glue, or glue sticks.		X	X		Responding
Talk Abouts: Listening and Connecting p.823 Materials: Socks or washcloths to fold	X	X			Communicating
Tummy Time Cloth: Exercising and Seeing p.825 Materials: Scraps of materials of different designs, color and textures, cut into 6-inch squares, needle and thread or bounding tape and iron, scissors.	X			X	Supporting learning