

PAT Activity Pages: 5 ½ to 8 Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Baby Games: Anticipating, Interacting, and Taking Turns p. 898 <i>Materials: Blanket, small towel or cloth.</i>	X			X	Responding
Ball in A Box: Exploring and Solving a Problem p.900 <i>Materials: Clear medium or large container with a lid, medium-sized ball (like a tennis ball), Blanket (optional), more toys and containers (optional)</i>	X		X		Supporting Learning
Balls in a Bowl: Understanding Cause and Effect and Words p.902 <i>Materials: Mixing bowl, balls (2 inches in diameter) or other small toys about the same size.</i>	X			X	Supporting Learning
Bang, Bang, Bang! Grasping and Controlling Arm and Shoulder Movements p.904 <i>Materials: Paper towel tubes or a paint stick, empty containers like plastic ice-cream buckets or plastic mixing bowls.</i>		X		X	Communicating
Caregiving Interaction: Talking and Playing p.906 <i>Materials: You and your baby, diapers, wipes, ointment or other supplies. Small toys (optional)</i>	X	X			Responding
Causing Effects: Controlling Balance, Sitting, and Dropping p.908 <i>Materials: Metal bowl or pot, metal spoon, blocks or other toys.</i>			X	X	Nurturing
Clap to the Music: Sitting, Clapping, and Singing p.910 <i>Materials: You and your baby, Family members or friends.</i>	X			X	Nurturing
Cushion Mountain: Balancing and Strengthening Muscles p.912 <i>Materials: Pillows, blankets, favorite toys.</i>		X		X	Responding
Family Faces: Looking at Photos and Socializing p. 914 <i>Materials: Photos of family members, Heavy paper, cut to fit inside zip-top bags, glue, Zip-top bags, small bucket or container, stapler and tape (optional), Book or magazine with pictures of baby faces.</i>		X	X		Communicating
Find the Toy: Seeking and Hiding p.916 <i>Materials: A small, brightly colored toy, small blanket or towel.</i>			X	X	Responding

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Flip Flap: Looking and Remembering p.918 <i>Materials: Piece of cardboard, piece of fabric slightly smaller than the cardboard, pictures or markers. Glue, tape, or hole punch and yarn. Unbreakable mirror (optional)</i>		X	X		Supporting Learning
Helping Your Baby Move: Exploring and Gaining Strength p.920 <i>Materials: Your baby's favorite toys, blocks.</i>		X	X	X	Designing/Guiding
Hi and Bye: Listening and Learning p.922 <i>Materials: Your baby and you, favorite doll, or stuffed animal. Photos of loved ones.</i>		X		X	Communicating
Pop Up: Listening and Anticipating p.924 <i>Materials: Small toy, furniture or pillow, Pop-up toy (optional)</i>	X	X	X	-	Communicating
Shake, Rattle, Roll, and Crawl: Building Muscles and Moving Independently p. 926 <i>Materials: Several containers such as a potato chip cylinder, milk jug with handles, or water bottles. Small objects, tape and glue.</i>			X	X	Designing/Guiding
Shared Attention With a Pat Mat: Touching and Observing p.928 <i>Materials: 2 zip-top freezer bags, objects that float (lids, sponges, or corks), duct tape, a tray w/side (optional).</i>	-	X	X	-	Communicating
Wave Bottle: Experimenting and Turning p.930 <i>Materials: Clear, empty plastic bottle (10 to 16 ounces) with lid, baby oil or mineral oil, water, blue food coloring (optional). Small, colorful items. Glue and tape.</i>			X	X	Communicating