

PAT Activity Pages: 24 to 36 Months

| PAT Activity and Materials Needed | Lang. | Soc.& Emo. | Cog. | Motor | Parenting Behaviors |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|---------------|----------|----------|---------------------|
| Ball Play: Kicking, Tossing, and Catching p.1081 Materials: grocery bag, newspaper, used office paper, or any other scrap paper. Packaging tape, large ball about 12 inches in diameter (optional). | | X | | X | Designing/Guiding |
| Basket of Balls: Controlling Actions and Matching p.1083 Materials: Laundry basket, balls (big, small, smooth, with textures, different shapes, matching pairs). Homemade sock balls, paper balls, or stuffed bags. | | | X | X | Supporting Learning |
| Beading: Using Finger Muscles and Making Patterns p.1085 Materials: Large beans of different sizes, shapes, and colors (or shower rings, paper towel tubes, cut into 2-inch circles, or scrunchy hair bands). 2 strings, shoe laces, or pipe cleaners, licorice strings, o-shaped cereal. | X | | X | X | Supporting Learning |
| Bears With Feelings: Pretending and Talking About Emotions p.1087 Materials: Stuffed bears, including your child's favorite teddy bear, hand-held mirror. | | X | | | Nurturing |
| Blocks: Talking About Building p. 1089 Materials Blocks in a variety of shapes and colors, assortment of small, empty boxes: half-pint milk cartons, juice boxes, jewelry boxes, card boxes individual serving cereal boxes, and so on. Tray or board (optional). | X | | | X | Community |
| Blowing Bubbles: Exploring Materials and Actions p. 1091 Materials: Wire or pipe cleaners, sheet, bedspread, or large piece of plastic (optional), ¼ cup dishwashing detergent (Joy and Dawn work best), 8 cups water, 1 tablespoon corn syrup, spoon, large plastic container with lid, smaller plastic container. | | X | X | X | Designing/Guiding |
| Blowing in the Band: Playing Together and Using Small Muscles p.1093 Materials: Part horns, noise makers, harmonicas, whistles, kazoos, toy bugle. | | | X | X | Nurturing |
| Blowing in the Wind: Developing Small Muscles and Experimenting p.1095 Materials: Hole punch or scissors, colorful scrap paper, sheet, bedspread, or large piece of plastic (optional), shallow pan with ½ inch of water, drinking straws, things that float (such as ping pong balls, corks, small boats, or bathtub toys) | | | X | X | Supporting Learning |

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| Bowling: Rolling, Aiming, and Making Rules p.1097 Materials: six 2-liter plastic bottles, sand or water (optional), small, soft ball about 6 inches in diameter. | | X | X | X | Responding |
| Clips and Tongs: Pinching and Squeezing p.1099 Materials: Clothes pins, chip clips, or other clips, cardboard box, variety of small soft objects (cotton balls, pompoms, paper strips, ribbon), tongs, yarn, or string. | | | X | X | Designing/Guiding |
| Counting: Learning Numbers and Understanding Small Quantities p.1101 Materials: 3 identical objects found around the house (such as crackers, cups, or blocks) 3 or 4 familiar objects or toys. | X | | X | | Supporting Learning |
| Drawing and Writing: Making Marks and Learning About Language p.1103 Materials: Assortment of paper or other writing surfaces, crayons, markers, chalk, and pencils of different sizes. Parent handout: Stages of Drawing and Writing. | X | | | X | Communicating |
| Dressing Teddy: Putting on Clothes and Pretending p.1105 Materials: Large stuffed animal or teddy bear, Child's t-shirt, shorts, socks, and hat that will easily slip on the stuffed animal. Several pairs of adult shoes and slippers. | | X | X | X | Designing/Guiding |
| Favorite Foods Matching Book: Observing and Shopping p.1107 Materials: 4 zip-top bags, gallon of quart size. Hole punch (optional), Yarn or shoe lace, tape (optional), 4 square pieces of cardboard or construction paper, scissors, labels or pictures of your child's favorite foods, glue sticks. | | X | X | X | Communicating |
| Finding Colors: Learning Words and Matching p.1109 Materials: Large coffee can with a lid or another large metal container, plastic tape, drawing paper, paint or permanent markers, lids from juice concentrate cans or cardboard circles, self-adhesive magnetic strips, scissors, crayons | | | X | X | Supporting Learning |
| Finger-painting: Using Small Muscles and Experimenting p.1111 Materials: plastic tablecloth, old adult-size shirt (optional), finger-paint paper or waxed paper, large tray or cookie sheet, paper towels or wipes for cleaning up, finger-paints, small sponges, cotton swabs, plastic spoons, and other tools for spreading. | | | X | X | Communicating |

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| Fishing: Using Eyes and Hands Together p.1113 Materials: Wrapping paper tubes, sticks, or long rods. String, small magnet that can be tied to the string, paper clips, paper, scissors. | | X | | X | Supporting Learning |
| Hidden Object Game: Feeling, Noticing, and Describing p.1115 Materials: Large plastic cup, short, dark sock large enough to hold the cup, collection of small objects pairs (such as keys, jar lids, toy cars, plastic animals, balls or blocks) | | | X | X | Responding |
| How Do I Sound? Talking and Taking Turns in Conversations p.1117 Materials: Recording device (message on a phone, cell phone video, video camera, recordable greeting card) Favorite activity or toy. | X | X | | | Communicating |
| In the Kitchen: Helping and Learning p.1119 Materials: A favorite recipe, ingredients and equipment listed in the recipe, apron, or cover-up (optional) | X | | X | X | Responding |
| I Spy Bottle: Recognizing and Remembering p.1121 Materials Small, clear plastic bottle (16 ounces), 3 or 4 small, brightly colors objects. Salt, rice, cornmeal, or birdseed. Funnel, Glue, Plastic tape. | | | X | X | Supporting Learning |
| Learning Finger plays: Imitating and Listening p. 1123 Materials: Copies of one or two finger plays that are favorites of yours or your child's. Small paper bag, glue and scrap paper, markers. | X | | X | X | Communicating |
| Make Your Own Snacks: Measuring, Stirring, Talking, and Tasting p.1125 Materials: O-shapes cereal, small pretzels, raisins, or other favorite dry foods. | X | | X | | Designing/Guiding |
| Matching Games: Noticing Patterns and Differences p.1127 Materials: Stickers, sets or any duplicate pictures (from catalogs, grocery advertisements, magazines, or printouts from the internet), Index cards, construction paper, or cardboard, glue or glue stuck, pocket folder or envelope. | | | X | X | Responding |
| Memory Games: Matching and Playing Cards Together p.1129 Materials: 6 set of 4 identical playing cards or matching cards (24 cards total), safety scissors, 2 pieces of 8 ½ by 11 inches lightweight cardboard (optional), Markers (optional), tape (optional). | | X | | X | Supporting Learning |

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| <p>My Space: Self-Calming and Making Choices p.1131</p> <p>Materials: Large, sturdy box. Pictures from magazines (optional), scissors and glue (optional), crayons and markers (optional), Cuddly items like pillow, blankets, and stuffed animals. Rope (optional)</p> | | X | | X | Designing/Guiding |
| <p>Mystery Match: Naming and Matching p.1133</p> <p>Materials: Stiff paper such as lightweight cardboard, file folders, or brown paper grocery bags. Markers, 4 or 5 familiar household objects (such as a toothbrush, comb, doll's shoe, or spoon), Geometric blocks or shapes (triangle, square, circles, or rectangle)</p> | X | | X | | Designing/Guiding |
| <p>Nature Walk: Classifying and Enjoying Nature p.1135</p> <p>Materials: Empty paper towel tube, cut in half, tape, yarn, rubber band (optional), Egg carton or small sack, Cellophane (optional), Unbreakable magnifying glass.</p> | X | | X | | Designing/Guiding |
| <p>No-Cook Dough: Experimenting and Exercising Small Muscles p.1137</p> <p>Materials: Ingredients for no-cook dough: ½ cup water, food coloring, 1 cup flour, and ½ cup salt. Large mixing bowl, Plastic table cover or large tray. Collection of short straws and small containers such as lids, cups and cookie cutters. Zip-Top bag.</p> | | | X | X | Nurturing |
| <p>Paper Bag Road: Using Small Muscles and Planning Play p.1139</p> <p>Materials: Paper grocery bags or shopping bags, scissors, crayons, small cars, trucks, boxes, and blocks. Masking tape.</p> | | | X | X | Responding |
| <p>Parachute Play: Controlling Large Muscles and Experimenting p.1141</p> <p>Materials: 2 large balls (about 12 inches in diameter, such as beach balls or plastic balls) Towel or small blanket</p> | | | X | X | Communicating |
| <p>People Pictures: Talking About Feelings and Fears p.1143</p> <p>Materials. Photographs of family friends, pictures from magazines, newspapers, and catalogs. Lightweight cardboard or construction paper, glue, markers and blank paper, mirror, tape.</p> | X | X | | | Nurturing |
| <p>Play Sets: Talking, Creating, and Imagining p.1145</p> <p>Materials: cardboard boxes or various sizes, scissors, markers, household items and toys, pictures of people or animals, file folder, glue stick, tape (optional).</p> | | | X | X | Responding |
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| <p>Pretend Play: Dressing Up and Acting Out Stories p.1147 Materials: Child-size costumes and adult-size clothes. Accessories like hats, aprons, purses, briefcases, lunch boxes and so on. Suitcase, storage tub, or hallway clothes tree (optional). Props like old phones, cookware, keyboards, and so on.</p> | | X | X | X | Supporting Learning |
| <p>Pretend Tea Party: Sharing, Learning Manners, and Taking Turns p.1149 Materials: Vinyl tablecloth or large towel. Stuffed animals, dolls, or action figures. Plastic pitcher or other container to hold water. Plastic cups with wide mouths (one for each guest). Water.</p> | X | X | | X | Supporting Learning |
| <p>Putting Things in Order: Sorting and Making Patterns p.1151 Materials: Everyday objects or toys that share characteristic. Blocks of different sizes, shapes, or colors. Brown paper grocery bag, cut open to lay flat. Markers.</p> | | | X | X | Supporting Learning |
| <p>Racquet Play: Aiming, Swinging, and Hitting p.1153 Materials: Wooden paint stirrers or paper towel tubes. Paper plates. Duct tape or wide packing tape. Sock ball, yarn ball, or other soft ball. Yarn, string, or elastic. Scissors.</p> | | X | | X | Nurturing |
| <p>Remember When Box: Sharing and Recalling Past Events p.1155 Materials: Small box with a lid. Special items from your home.</p> | X | X | X | | Nurturing |
| <p>Shape Hop: Controlling Movement and Imagining p.1157 Materials: Lightweight cardboard or poster board. Chalk or markers. Scissors. Heavy duty tape.</p> | | | | X | Responding |
| <p>Shaving Cream Play: Smelling, Touching, and Experimenting p.1159 Materials: Plastic tablecloth, magazine picture (covered in clear contact paper) or plastic placemat. Cookie sheet or large tray, shaving cream, paper towels or wet wipes. Lightweight cardboard (optional), glue (optional).</p> | | | X | X | Nurturing |
| <p>Size Sort: Collecting and Comparing p.1161 Materials: Large bag or pillowcase. Several of the same items in different sizes (a baby sock, child sock, and adult sock, or a baby spoon, teaspoon, and tablespoon), paper and crayons (optional)</p> | X | | X | | Nurturing |
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| <p>Sorting: Noticing Differences and Pretending p.1163 Materials: A variety of apples (big, small, red, green, and yellow, with spots, without stems) or other objects that are similar like toy cars or balls. Basket, large bowl, or box. Food advertising flyer (optional).</p> | | | X | X | Communicating |
| <p>Sticky Paper Collage: Creating and Working on Eye-Hand Coordination p.1165 Materials: Contact paper, lightweight "found objects" or toys (sticks, leaves, feathers, magazine pictures, and so on) Scissors.</p> | | | X | | Designing |
| <p>Tie-Dye Fun: Pinching, Experimenting, and Learning Colors p.1167 Materials: Medicine droppers for each person (available at drugstores), old shirts or paint smocks, plastic tablecloth, ice cube tray with water. Food coloring (preferably smalls squeeze bottles). Coffee filters, waxed paper, paper towels, and other kinds of paper.</p> | | | X | X | Supporting Learning |
| <p>Tool Time: Aiming, Turning Bolts, and Hammering p.1169 Materials: large block of Styrofoam (the type used in packing or firmly packed dirt in a container). 4 large nails or golf tees. Plastic or lightweight hammer. Burlap or other strong material. Nut and bolt (2 ½ inches) made of metal or plastic. Handout: Rhymes and songs Add-a-Page Book: M-S (optional)</p> | | | | X | Designing/Guiding |
| <p>Two Halves Make a Whole: Matching and Solving Problems p.1171 Materials: Empty boxes from cereal, crackers, or other foods. Scissors, paper plate (optional), Crayons (optional).</p> | | | X | X | Supporting Learning |
| <p>Washcloth Puppet: Talking and Pretending p.1173 Materials: Washcloth. Needle and thread. Fabric maker or permanent marker.</p> | X | X | | | Communicating |
| <p>What My Body Can Do: Controlling Movement and Labeling p.1175 Materials: Teddy bear, baby doll, or stuffed animal</p> | X | | | X | Nurturing |
| <p>Word Book: Learning Language and Enjoying Reading Together p.1177 Materials: 4 zip-top bags, preferably freezer strength (quart size or smaller), Hole punch (optional), scissors, pipe cleaner, shoestrings, or yarn. Construction paper or lightweight cardboard. Magazine picture or photos of familiar objects, Glue stick, markers.</p> | X | | | X | Communicating |