

# PAT Activity Pages 14-24 Months

PAT Activity and Materials Needed	Lang.	Social & Emo.	Cog.	Motor	Parenting Behaviors
<b>Body Parts: Looking and Listening p.996</b> Materials: 3 or 4 socks, ½ cup (per sock) dry beans, rice, gravel, or small rocks, full-length mirror	X			X	Communicating
<b>Book of Sounds: Relating Sounds to Objects p.998</b> Materials: quart-sized zip-top bags, hole punch, pipe cleaner or yarn, construction paper or lightweight cardboard, cut-out magazine pictures, scissors, glue stick, tape, marker	X		X		Communicating
<b>Chips in a Can: Problem Solving and Practicing Eye-Hand Coordination p.1000</b> Materials: flat discs like colored poker chips, orange juice can lids, jar lids, or plastic coasters. Cylinder can or empty box with a hole cut into the lid that is wide enough to put the chips through.			X	X	Supporting Learning
<b>Crazy Cups: Stacking and Unstacking p.1002</b> Materials: 12 or more plastic cups of the same size. Plastic cups and containers of different sizes (optional)		X	X	X	Responding
<b>Drumming Up Fun: Controlling Muscles and Emotions p.1004</b> Materials: Large metal cans and other large containers or bowls. Variety of drumsticks (metal spoons, wooden spoons or paper towel tubes)		X		X	Supporting Learning
<b>Egg Carton Game: Picking Up and Placing p.1006</b> Materials: empty egg carton, small household objects that will fit into carton.		X	X	X	Supporting Learning
<b>Grab It and Name It: Recognizing Objects by Touch p.1008</b> Materials: small bag made of paper, cloth, or plastic that you cannot see through, household items that your child can name.	X		X	X	Communicating
<b>Hat Head: Choosing, Describing, and Pretending p.1010</b> Materials: Assortment of hats (chef, fireman, princess) stuffed animals, dress-up clothes.	X	X			Communicating
<b>Here Is the Beehive: Repeating and Rhyming p.1012</b> Materials: The Rhymes and songs Add-a-page Book A-H.	X			X	Communicating
<b>Hinging on Play: Using Small Muscles and Being Curious p.1014</b> Materials: Containers with a hinge, like empty wipe boxes or plastic storage containers, small toys that fit into the boxes.			X	X	Designing/ Guiding
<b>Homemade Guitar: Strumming and Plucking p.1016</b> Materials: rectangular loaf pan, hard plastic container, or bowl, package of various-sized rubber bands.	X	X	X		Supporting Learning

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<b>Imitation Play: Leading and Following p.1018</b> Materials: favorite toy with many parts, such as blocks, balls, cars, or dolls. 2 small containers or bowls filled with identical toys or household items.		X		X	Responding
<b>Loud and Soft Sounds: Listening to and Creating Sounds p.1020</b> Materials: containers with lids (plastic, metal, wood, or cardboard) objects that make loud and soft sounds (such as rice, beans, dry noodles) glue and tape, drumsticks or wooden spoons.	X		X		Communicating
<b>Making Instruments: Listening and Moving to the Beat p.1022</b> Materials: paper towel tubes, newspaper or waxed paper, plastic bottles with caps, rice, dry beans or sand. Tape and glue, pot lids, empty containers (oatmeal, coffee cans, ice cream tubes). Drumsticks, wooden spoons, or whisk.			X	X	Responding
<b>March to the Drummer: Marching, Rocking, and Swinging p. 1024</b> Materials: you and your child		X		X	Designing/ Guiding
<b>Nesting Cans: Planning, Experimenting, Learning p.1026</b> Materials: different sized bowls, cans or containers. Tape.			X	X	Responding
<b>Note Card Book: Using Small Muscles and Telling Stories p.1028</b> Materials: a variety of magazine pictures or photos, large index cards, construction paper, file folder or lightweight cardboard, glue stick, hole punch, yarn, markers crayons or pens.	X			X	Communicating
<b>Painting in a Bag: Exploring Textures and Using Small Muscles p.1030</b> Materials: Large plastic tray or tablecloth, zip-top freezer bag, finger-paint, hair gel, corn syrup or other gooey liquid, tape.	X			X	Supporting Learning
<b>Paper Play: Crumpling and Filling p.1032</b> Materials: clear plastic, 1-liter water bottle, scraps of colored tissue paper or facial tissue.		X	X	X	Supporting Learning
<b>Parallel Talk and Self Talk: Listening and Learning New Words p.1034</b> Materials: your child's favorite toys.	X			X	Communicating
<b>Playing Catch: Tossing and Taking Turns p.1036</b> Materials: several pairs of clean, adult-size socks, 1 cup of uncooked beans or split peas (per sock), funnel or scoop, laundry basket or large box.		X		X	Designing/ Guiding

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<p>Pretend Picnic: Imagining and Showing Understanding p.1038</p> <p>Materials: cups, plates, and utensils for everyone invited on the picnic, plastic bowl and spoon for stirring, small pitcher or teapot, large bowl, dishtowel or paper towels.</p>				X	Designing/ Guiding
<p>Pull Toys: Walking and Using Large Muscles p.1040</p> <p>Materials: <b>For the pull wagon:</b> shallow box such as a shoebox, rope or cord 1 foot long, tape or duct tape. <b>For the musical toy:</b> large balls or noisemakers that can be strung, string 1 foot long, empty oatmeal box or 1 pound can, paper towel tube.</p>			X	X	Supporting Learning
<p>Puzzle Box: Gaining Self-Confidence and Solving Problems p.1042</p> <p>Materials: shallow box or shoebox, small cylindrical objects (empty paper towel tubes, plastic jars, empty parmesan cheese containers, marker, scissors.</p>			X	X	Nurturing
<p>Rainmaker: Experimenting and Touching p.1044</p> <p>Materials: empty plastic bottle with holes punched in the sides or plastic colander, plastic cups, Rhymes &amp; Songs Add-a-Page.</p>	X		X	X	Responding
<p>Scribbling With Crayons: Taking Turns and Creating p.1046</p> <p>Materials: jumbo crayons or chalk, large piece of paper, grocery bags or dark colored paper, cookie sheet or plastic tablecloth (optional)</p>			X	X	Responding
<p>Sensory Box: Filling, Sharing, Pouring, and Exploring p. 1048</p> <p>Materials: large box with a cover, such as cardboard copy-paper box or plastic storage container. Large sheet or plastic tablecloth, dry sensory material such as birdseed, oatmeal, rice or beans. Cups, funnels, scoops, bowls, or spoons. Small toys and cars.</p>	X		X	X	Responding
<p>Shape Sorter Box: Using Small Muscles and Trying Again p.1050</p> <p>Materials: Large coffee can, ice cream tub, or other container with a lid. Household objects of different shapes that will fit inside, marker, scissors, tape.</p>			X	X	Nurturing
<p>Sock Puppet: Taking Turns and Pretending p.1052</p> <p>Materials: clean, light-colored adult-size socks. Fabric markers or permanent markers.</p>	X			X	Communicating
<p>Stacking and Building: Using Small Muscles and Discovering Shapes p.1054</p> <p>Materials: different sizes of boxes or objects with flat sides. Objects with other shapes, like oatmeal containers, tubs for leftovers, or canned goods. Scrap wood blocks, cardboard blocks, or unit blocks.</p>			X	X	Nurturing

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<b>Step Aerobics: Using Large Muscles for Physical Activity p.1056</b> Materials: Phone books, catalogs, or stack of newspapers 3 to 4 inches high, wide packing tape or duct tape, a small step about 3 to 4 inches high, large cardboard box or laundry basket big enough for your child to climb into.	X			X	Nurturing
<b>Sweeping Into a Square: Helping and Aiming a Tool p. 1058</b> Materials: Masking tape, small broom, dry beans, or other small objects.	X	X		X	Supporting Learning
<b>Take Care: Imitating and Caring p.1060</b> Materials: Your child's favorite stuffed toys or dolls.	X	X			Nurturing
<b>Tennis Ball Puzzle: Dumping, Matching, and Thinking p.1062</b> Materials: 7 tennis balls, muffin tin with 6 full-size muffin cups.			X	X	Designing/ Guiding
<b>Train Ride: Pretending and Lining Up p.1064</b> Materials: Items your child can sit on and move, like child-sized chairs or crates. Paper plates.		X		X	Responding
<b>Turn-Taking Tub: Giving and Playing p. 1066</b> Materials: Your child's favorite toys, small tub, basket, or box.		X			Responding
<b>Write a Letter: Playing with Language and Using Small Muscles p.1068</b> Materials: Plastic tablecloth, mat, or tray. Blank paper, crayon, medium-sized cardboard box, heavy-duty scissors, junk mail and old envelopes.	X			X	Communicating
<b>Yarn Ball Fun: Catching, Tossing, and Rolling p.1070</b> Materials: Several yards of yarn, 8-inch square of heavy cardboard, scissors, lively music from a radio, cd player, or digital music player, empty water bottle.				X	Supporting Learning
<b>Zip and Open: Using Fingers and Controlling Small Muscles p.1072</b> Materials: Large cosmetic bag or zippered tote bag, household objects that exercise the fingers (such as small jar with screw-on lid, pen with cap, plastic jar with pop-off lid, interlocking blocks, or plastic eggs).				X	Communicating