

PAT Activity Pages: Birth to 1 ½ Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Blanket Swing: Singing and Swaying to Rhythm p.719 Materials: Small, sturdy blanket, a partner	X			X	Nurturing
Caregiving Routines: Trusting and Comforting p.721 Materials: Your baby and you	X	X			Designing/Guiding
Dancing Ribbons: Stimulating the Senses and Observing Your Baby p.723 Materials: 4 or 5 brightly colored ribbons about 8 inches long, wooden spoon or paint stick, book with crinkly or squeaky pages.			X	X	Supporting Learning
Face Pattern: Visual Tracking and Focusing p.725 Materials: Paper plates or lightweight cardboard, glue or glue stick, masking tape, paint stick or wooden spoon, scissors, Face Pattern parent handout or large magazine picture of a baby's face.		X	X		Designing/Guiding
Face-to-Face Talking: Communicating and Looking p.727 Materials: your baby and you	X	X			Communicating
Hush, Little Baby: Holding and Soothing p.729 Materials: You and your baby	X	X			Nurturing
Infant Massage: Getting in Touch and Calming p.731 Materials: A blanket, small amount of vegetable oil in a cup or saucer		X		X	Responding
Looking at Faces: Looking and Loving p.733 Materials: Black-and-white face pattern from the parent handout Seeing Simple Patterns, Black magic marker, lightweight cardboard, glue or glue sticks.		X	X		Responding
Talk Abouts: Listening and Connecting p.735 Materials: Socks or washcloths to fold	X	X			Communicating
Tummy Time Cloth: Exercising and Seeing p.737 Materials: Scraps of materials of different designs, color and textures, cut into 6-inch squares, needle and thread or bounding tape and iron, scissors.	X			X	Supporting learning

PAT Activity Pages: 1 ½ to 3 ½ Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Accordion Book: Communicating and Responding p.740 Materials: Poster board or other stiff paper, clear contact paper, photos or pictures.	X			X	Supporting learning
Baby's First Feely Book: Touching, Tasting, and Seeing p.742 Materials: Fabric of various textures, scissors, hole punch, yarn or shoelace, sewing supplies (optional).			X	X	Designing/Guiding
Dance to the Music: Dipping and Swaying p.744 Materials: Your favorite music		X		X	Nurturing
Football Baby: Rhyming and Calming p.746 Materials: You are your baby. Book w/songs or rhyming.	X				Communicating
In Sync With Massage: Communicating and Responding p.748 Materials: blanket, small amount of natural vegetable oil (olive, safflower, sunflower or canola) in a cup or saucer. Parent Handout: Your Nurturing Touch: Practicing Infant Massage.		X			Communicating
Night Sounds: Listening and Responding p.750 Materials: Quiet Environment, your baby and you, board book. Parent Handout: Your Baby's Sleep Routines (Optional)	X				Communicating
Read to Me: Interacting and Setting a Routine p.752 Materials: Assortment of books, your lap.	X				Communicating
Roll the Baby: Exercising and Strengthening Core Muscles p.754 Materials: 1 large towel or 2 bath towels. Board book with one picture per page.		X		X	Designing/Guiding
A Soft, Gentle Breeze: Feeling and Listening p.756 Materials: Small sheet or blanket.		X	X		Nurturing
Tracking Toy: Watching and Learning p.758 Materials: Black-and-white patterns or black marker, paper plate, glue, tape, paint stick, and object with contrasting colors (optional)			X	X	Supporting Learning
Tummy Time: Watching and Building Muscles p.760 Materials: Baby's own blanket, Black-and-white contact paper or bright-colored paper, Black pattern drawn on white paper, empty container with lid such as oatmeal or formula, glue or tape, dry rice, dry beans, or hairpins, favorite toy.				X	Supporting Learning

PAT Activity Pages: 3 ½ to 5 ½ Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Bubbles for Baby: Watching and Popping p.763 Materials: Towel, bubble solution (or 2 cups water, 1 tablespoon corn syrup, and 2 tablespoons dishwashing detergent mixed together), household items to use as bubble wands (pipe cleaners, plastic lids with the centers cut out, slotted spoons, fly swatters)			X	X	Designing/Guiding
Fascinating Fingers: Watching and Discovering p.765 Materials: Blanket or your lap. Glove, bracelet or ribbon. Lightweight rattle (optional), Rhymes and songs with finger plays.		X	X	X	Supporting Learning
Feely Socks: Touching, Tasting, Seeing, Hearing p.767 Materials: Youth socks (without holes), Various items for stuffing, like waxed paper, cotton balls, small rocks, dry beans, or jingle bells.				X	Designing Guiding
Grab It: Using Eyes and Hands Together, Grabbing, and Batting p.769 Materials: Household objects with interesting textures, colors, and sounds.				X	Responding
Hearing Games: Listening and Speaking p.771 Materials: Toys or objects that make noises (like rattles or squeakers). Parent Handout Your Baby's Hearing .	X	X			Designing/Guiding
I Am Special: Stretching and Relaxing p.773 Materials: Blanket, small amount of natural vegetable oil (olive, safflower, sunflower or canola) in a cup or saucer. Parent Handout (Your Nurturing Touch: Practicing Infant Massage (optional)).		X		X	Responding
I See Me: Seeing Reflections p.775 Materials: Handheld, unbreakable mirror or mirror on the wall.		X	X		Designing/Guiding
Kick the Can: Seeing and Moving p.777 Materials: Round cylinder with a lid, such as a formula can or oatmeal container. Elastic, long shoelace, or heavy yarn, scissors. Pasta, dried beans, unpopped popcorn, or small bells. Glue and tape.			X	X	Communication
Let's Roll: Reaching and Pushing p.779 Materials: Large 12-inch ball, pillows, or a beach ball.	X			X	Responding
Music and Me: Moving and Matching Beats to Actions p.781 Materials: Your baby's favorite toys, Radio or device to play various types of music (optional).	X	X		X	Responding
Nursery Rhymes: Listening and Feeling Rhythm p.783 Materials: Paper, non-toxic markers.	X			X	Supporting Learning

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Roll Over and Sit Up: Practicing and Strengthening Muscles p.785 Materials: Blanket or large towel. You and another caregiver.		X		X	Supporting Learning
Vision Screening: Seeing and Learning p.787 Materials: Favorite toy, flashlight. Parent handout, Eye-opening Facts About Your Baby's Vision (optional)				X	Supporting Learning
Yoga: Stretching, Relaxing, and Connecting p.789 Materials: Blanket		X		X	Nurturing

PAT Activity Pages: 5 ½ to 8 Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Baby Games: Anticipating, Interacting, and Taking Turns p. 792 <i>Materials: Blanket, small towel or cloth.</i>	X			X	Responding
Ball in A Box: Exploring and Solving a Problem p.794 <i>Materials: Clear medium or large container with a lid, medium-sized ball (like a tennis ball), Blanket (optional), more toys and containers (optional)</i>	X		X		Supporting Learning
Balls in a Bowl: Understanding Cause and Effect and Words p.796 <i>Materials: Mixing bowl, balls (2 inches in diameter) or other small toys about the same size.</i>	X			X	Supporting Learning
Bang, Bang, Bang! Grasping and Controlling Arm and Shoulder Movements p.798 <i>Materials: Paper towel tubes or a paint stick, empty containers like plastic ice-cream buckets or plastic mixing bowls.</i>		X		X	Communicating
Caregiving Interaction: Talking and Playing p.800 <i>Materials: You and your baby, diapers, wipes, ointment or other supplies. Small toys (optional)</i>	X	X			Responding
Causing Effects: Controlling Balance, Sitting, and Dropping p.802 <i>Materials: Metal bowl or pot, metal spoon, blocks or other toys.</i>			X	X	Nurturing
Clap to the Music: Sitting, Clapping, and Singing p.804 <i>Materials: You and your baby, Family members or friends.</i>	X			X	Nurturing
Cushion Mountain: Balancing and Strengthening Muscles p.806 <i>Materials: Pillows, blankets, favorite toys.</i>		X		X	Responding
Family Faces: Looking at Photos and Socializing p. 808 <i>Materials: Photos of family members, Heavy paper, cut to fit inside zip-top bags, glue, Zip-top bags, small bucket or container, stapler and tape (optional), Book or magazine with pictures of baby faces.</i>		X	X		Communicating
Find the Toy: Seeking and Hiding p.810 <i>Materials: A small, brightly colored toy, small blanket or towel.</i>			X	X	Responding

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Flip Flap: Looking and Remembering p.812 <i>Materials: Piece of cardboard, piece of fabric slightly smaller than the cardboard, pictures or markers. Glue, tape, or hole punch and yarn. Unbreakable mirror (optional)</i>		X	X		Supporting Learning
Helping Your Baby Move: Exploring and Gaining Strength p.814 <i>Materials: Your baby's favorite toys, blocks.</i>		X	X	X	Designing/Guiding
Hi and Bye: Listening and Learning p.816 <i>Materials: Your baby and you, favorite doll or stuffed animal. Photos of loved ones.</i>		X		X	Communicating
Pop Up: Listening and Anticipating p.818 <i>Materials: Small toy, furniture or pillow, Pop-up toy (optional)</i>	X	X	X	-	Communicating
Shake, Rattle, Roll, and Crawl: Building Muscles and Moving Independently p. 820 <i>Materials: Several containers such as a potato chip cylinder, milk jug with handles, or water bottles. Small objects, tape and glue.</i>			X	X	Designing/Guiding
Shared Attention With a Pat Mat: Touching and Observing p.822 <i>Materials: 2 zip-top freezer bags, objects that float (lids, sponges, or corks), duct tape, a tray w/sides (optional).</i>	-	X	X	-	Communicating
Wave Bottle: Experimenting and Turning p.824 <i>Materials: Clear, empty plastic bottle (10 to 16 ounces) with lid, baby oil or mineral oil, water, blue food coloring (optional). Small, colorful items. Glue and tape.</i>			X	X	Communicating

PAT Activity Pages: 8 to 14 Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Pulling Up: Stooping and Cruising p. 853 Materials: a favorite toy				X	Nurturing
Push-Pull Toy: Walking Backwards, Pulling, and Pushing p. 855 Materials: Large cardboard box or laundry basket, items to weight the box (canned goods, phone books or blankets) cord, belt or leach.			X	X	Nurturing
Roller Book: Learning Words and Moving p.857 Materials: Cylindrical box such as an oatmeal container, photos or pictures from magazine or internet, glue, clear contact paper.	X			X	Communicating
Sing a Song: Learning Rhyme, Rhythm, and Movement p.859 Materials: Favorite song, Rhythm and Songs Add-a-page Book.	X	X		X	Designing/Guiding
Snack Time: Using Small Muscles and Self-Help p.861 Materials: Cup w/out lid, finger foods (soft fruit, o-shaped cereal, cheese cubes), clean egg carton or divided dish, bib, wet wipes/washcloth.				X	Nurturing
Touch Textures: Using Senses and Fine Motor Skills p.863 Materials: empty box, objects w/different textures, empty paper towel tube.			X	X	Supporting Learning
Unwrapping a Toy: Being Curious and Exploring p. 865 Materials: tissue paper, lightweight wrapping paper, or cloth, small toys, shoe box or any small box with lid.			X	X	Supporting Learning
Using Fingers: Picking Up and Observing Objects p. 867 Materials: a hinged container, safe household objects such as a new scrub brush, rope, small plastic toy, paper, large crayon.			X	X	Responding
Water Tray: Splashing and Learning New Words p. 869 Materials: bath towel, wide container, tray or cookie sheet with sides, household items (spoons, measuring cups, or caps), absorbent material such as sponges, washcloth, or paper towels.	X	X			Supporting Learning
Where Did It Go? Looking and Touching p. 871 Materials: hand puppet or stuffed animal.			X	X	Nurturing
Where's the Block? Looking for Hidden Objects p.873 Materials: 1 clear container, 1 container you can't see through, block or other small toys.			X	X	Communicating
Zip-Top Bag Book: Reading Together p.875 Materials: 3-4 zip top bags (freezer strength), hole punch, pipe cleaner, 2 shoe strings or yarn, tape, construction paper or lightweight cardboard, scissors, cut-out magazine pictures or photographs, glue stick.	X			X	Communicating

PAT Activity Pages: 8 to 14 Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo	Cog.	Motor	Parenting Behaviors
Baby Discovery Jug: Dropping and Retrieving p.827 Materials Needed: empty milk jug, scissors, tape, small toys or household items, large toys.	X		X		Designing/Guiding
Ball Play: Social Turn-Taking and Rolling p.829 Materials: paper that can be crumbled, masking tape.		X		X	Responding
Blanket Pull: Planning and Coordinating Movement p.831 Materials: blanket or quilt, small, lightweight toys.			X	X	Supporting Learning
Boxed Play Space: Seeing and Touching p. 833 Materials: large empty box w/o a lid, scissors, markers/crayons, ribbon/fabric scraps, assortment of balls.	X	X			Nurturing
Cereal Box Road: Stopping, Going, and Listening p. 835 Materials: Empty cereal box, tape	X				Supporting Learning
Chase the Can: Being Curious and Crawling p.837 Materials: shiny can, shiny household objects, metal bowls, and so on.			X	X	Designing/Guiding
Down the Chute: Experimenting and Coordinating Movement p. 839 Materials: Wide tube (wrapping paper tube), small ball, safe, small household objects.			X	X	Supporting Learning
Fill the Jug: Picking Up and Turning p.841 Materials: 2 empty containers with different sized openings, safe items to put in containers		X	X	X	Responding
Lid Pictures: Naming and Stacking p. 843 Materials: plastic lids in various sizes, permanent markers, photos of familiar items, glue, hole punch, ribbon.			X	X	Communicating
Mirror Play: Looking and Finding p.845 Materials: unbreakable mirror, small blanket or cloth.		X	X	X	Responding
Obstacle Course: Crawling Over and Around p.847 Materials: pillows, boxes, laundry basket, catalogs, and other obstacles.	X		X	X	Responding
Paper Pull: Using Small Muscles and Understanding Cause and Effect p.849 Materials: Tissue box, strips of paper in different colors and textures, scarf/strips of fabric in different colors/textures			X	X	Designing/Guiding
Promoting Walking: Pushing and Cruising p.851 Materials: a footstool, plastic crate, push toy, or laundry basket with a heavy book inside.				X	Designing/Guiding

PAT Activity Pages 14-24 Months

PAT Activity and Materials Needed	Lang.	Social & Emo.	Cog.	Motor	Parenting Behaviors
Body Parts: Looking and Listening p.878 Materials: 3 or 4 socks, ½ cup (per sock) dry beans, rice, gravel, or small rocks, full-length mirror	X			X	Communicating
Book of Sounds: Relating Sounds to Objects p.880 Materials: quart-sized zip-top bags, hole punch, pipe cleaner or yarn, construction paper or lightweight cardboard, cut-out magazine pictures, scissors, glue stick, tape, marker	X		X		Communicating
Chips in a Can: Problem Solving and Practicing Eye-Hand Coordination p.882 Materials: flat discs like colored poker chips, orange juice can lids, jar lids, or plastic coasters. Cylinder can or empty box with a hole cut into the lid that is wide enough to put the chips through.			X	X	Supporting Learning
Crazy Cups: Stacking and Unstacking p.884 Materials: 12 or more plastic cups of the same size. Plastic cups and containers of different sizes (optional)		X	X	X	Responding
Drumming Up Fun: Controlling Muscles and Emotions p.886 Materials: Large metal cans and other large containers or bowls. Variety of drumsticks (metal spoons, wooden spoons or paper towel tubes)		X		X	Supporting Learning
Egg Carton Game: Picking Up and Placing p.888 Materials: empty egg carton, small household objects that will fit into carton.		X	X	X	Supporting Learning
Grab It and Name It: Recognizing Objects by Touch p.890 Materials: small bag made of paper, cloth, or plastic that you cannot see through, household items that your child can name.	X		X	X	Communicating
Hat Head: Choosing, Describing, and Pretending p.892 Materials: Assortment of hats (chef, fireman, princess) stuffed animals, dress-up clothes.	X	X			Communicating
Here Is the Beehive: Repeating and Rhyming p.894 Materials: The Rhymes and songs Add-a-page Book A-H.	X			X	Communicating
Hinging on Play: Using Small Muscles and Being Curious p.896 Materials: Containers with a hinge, like empty wipe boxes or plastic storage containers, small toys that fit into the boxes.			X	X	Designing/ Guiding
Homemade Guitar: Strumming and Plucking p.898 Materials: rectangular loaf pan, hard plastic container, or bowl, package of various-sized rubber bands.	X	X	X		Supporting Learning

PAT Activity Pages 14-24 Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Imitation Play: Leading and Following p.900 Materials: favorite toy with many parts, such as blocks, balls, cars, or dolls. 2 small containers or bowls filled with identical toys or household items.		X		X	Responding
Loud and Soft Sounds: Listening to and Creating Sounds p.902 Materials: containers with lids (plastic, metal, wood, or cardboard) objects that make loud and soft sounds (such as rice, beans, dry noodles) glue and tape, drumsticks or wooden spoons.	X		X		Communicating
Making Instruments: Listening and Moving to the Beat p.904 Materials: paper towel tubes, newspaper or waxed paper, plastic bottles with caps, rice, dry beans or sand. Tape and glue, pot lids, empty containers (oatmeal, coffee cans, ice cream tubes). Drumsticks, wooden spoons, or whisk.			X	X	Responding
March to the Drummer: Marching, Rocking, and Swinging p. 906 Materials: you and your child		X		X	Designing/ Guiding
Nesting Cans: Planning, Experimenting, Learning p.908 Materials: different sized bowls, cans or containers. Tape.			X	X	Responding
Note Card Book: Using Small Muscles and Telling Stories p.910 Materials: a variety of magazine pictures or photos, large index cards, construction paper, file folder or lightweight cardboard, glue stick, hole punch, yarn, markers crayons or pens.	X			X	Communicating
Painting in a Bag: Exploring Textures and Using Small Muscles p.912 Materials: Large plastic tray or tablecloth, zip-top freezer bag, finger-paint, hair gel, corn syrup or other gooey liquid, tape.	X			X	Supporting Learning
Paper Play: Crumpling and Filling p.914 Materials: clear plastic, 1-liter water bottle, scraps of colored tissue paper or facial tissue.		X	X	X	Supporting Learning
Parallel Talk and Self Talk: Listening and Learning New Words p.916 Materials: your child's favorite toys.	X			X	Communicating
Playing Catch: Tossing and Taking Turns p.918 Materials: several pairs of clean, adult-size socks, 1 cup of uncooked beans or split peas (per sock), funnel or scoop, laundry basket or large box.		X		X	Designing/ Guiding

PAT Activity Pages 14-24 Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Pretend Picnic: Imagining and Showing Understanding p.920 Materials: cups, plates, and utensils for everyone invited on the picnic, plastic bowl and spoon for stirring, small pitcher or teapot, large bowl, dishtowel or paper towels.				X	Designing/ Guiding
Pull Toys: Walking and Using Large Muscles p.922 Materials: For the pull wagon: shallow box such as a shoebox, rope or cord 1 foot long, tape or duct tape. For the musical toy: large balls or noisemakers that can be strung, string 1 foot long, empty oatmeal box or 1 pound can, paper towel tube.			X	X	Supporting Learning
Puzzle Box: Gaining Self-Confidence and Solving Problems p.924 Materials: shallow box or shoebox, small cylindrical objects (empty paper towel tubes, plastic jars, empty parmesan cheese containers, marker, scissors.			X	X	Nurturing
Rainmaker: Experimenting and Touching p.926 Materials: empty plastic bottle with holes punched in the sides or plastic colander, plastic cups, Rhymes & Songs Add-a-Page.	X		X	X	Responding
Scribbling With Crayons: Taking Turns and Creating p.928 Materials: jumbo crayons or chalk, large piece of paper, grocery bags or dark colored paper, cookie sheet or plastic tablecloth (optional)			X	X	Responding
Sensory Box: Filling, Sharing, Pouring, and Exploring p. 930 Materials: large box with a cover, such as cardboard copy-paper box or plastic storage container. Large sheet or plastic tablecloth, dry sensory material such as birdseed, oatmeal, rice or beans. Cups, funnels, scoops, bowls, or spoons. Small toys and cars.	X		X	X	Responding
Shape Sorter Box: Using Small Muscles and Trying Again p.932 Materials: Large coffee can, ice cream tub, or other container with a lid. Household objects of different shapes that will fit inside, marker, scissors, tape.			X	X	Nurturing
Sock Puppet: Taking Turns and Pretending p.934 Materials: clean, light-colored adult-size socks. Fabric markers or permanent markers.	X			X	Communicating
Stacking and Building: Using Small Muscles and Discovering Shapes p.936 Materials: different sizes of boxes or objects with flat sides. Objects with other shapes, like oatmeal containers, tubs for leftovers, or canned goods. Scrap wood blocks, cardboard blocks, or unit blocks.			X	X	Nurturing

PAT Activity Pages 14-24 Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Step Aerobics: Using Large Muscles for Physical Activity p.938 Materials: Phone books, catalogs, or stack of newspapers 3 to 4 inches high, wide packing tape or duct tape, a small step about 3 to 4 inches high, large cardboard box or laundry basket big enough for your child to climb into.	X			X	Nurturing
Sweeping Into a Square: Helping and Aiming a Tool p. 940 Materials: Masking tape, small broom, dry beans or other small objects.	X	X		X	Supporting Learning
Take Care: Imitating and Caring p.942 Materials: Your child's favorite stuffed toys or dolls.	X	X			Nurturing
Tennis Ball Puzzle: Dumping, Matching, and Thinking p.944 Materials: 7 tennis balls, muffin tin with 6 full-size muffin cups.			X	X	Designing/ Guiding
Train Ride: Pretending and Lining Up p.946 Materials: Items your child can sit on and move, like child-sized chairs or crates. Paper plates.		X		X	Responding
Turn-Taking Tub: Giving and Playing p. 948 Materials: Your child's favorite toys, small tub, basket or box.		X			Responding
Write a Letter: Playing With Language and Using Small Muscles p.950 Materials: Plastic tablecloth, mat, or tray. Blank paper, crayon, medium-sized cardboard box, heavy-duty scissors, junk mail and old envelopes.	X			X	Communicating
Yarn Ball Fun: Catching, Tossing, and Rolling p.952 Materials: Several yards of yarn, 8-inch square of heavy cardboard, scissors, lively music from a radio, cd player, or digital music player, empty water bottle.				X	Supporting Learning
Zip and Open: Using Fingers and Controlling Small Muscles p.954 Materials: Large cosmetic bag or zippered tote bag, household objects that exercise the fingers (such as small jar with screw-on lid, pen with cap, plastic jar with pop-off lid, interlocking blocks, or plastic eggs).				X	Communicating

PAT Activity Pages: 24 to 36 Months

PAT Activity and Materials Needed	Lang.	Soc.& Emo.	Cog.	Motor	Parenting Behaviors
Ball Play: Kicking, Tossing, and Catching p.957 Materials: grocery bag, newspaper, used office paper, or any other scrap paper. Packaging tape, large ball about 12 inches in diameter (optional).		X		X	Designing/Guiding
Basket of Balls: Controlling Actions and Matching p.959 Materials: Laundry basket, balls (big, small, smooth, with textures, different shapes, matching pairs). Homemade sock balls, paper balls, or stuffed bags.			X	X	Supporting Learning
Beading: Using Finger Muscles and Making Patterns p.961 Materials: Large beans of different sizes, shapes, and colors (or shower rings, paper towel tubes, cut into 2-inch circles, or scrunchy hair bands). 2 strings, shoe laces, or pipe cleaners, licorice strings, o-shaped cereal.	X		X	X	Supporting Learning
Bears With Feelings: Pretending and Talking About Emotions p.963 Materials: Stuffed bears, including your child's favorite teddy bear, hand-held mirror.		X			Nurturing
Blocks: Talking About Building p. 965 Materials Blocks in a variety of shapes and colors, assortment of small, empty boxes: half-pint milk cartons, juice boxes, jewelry boxes, card boxes individual serving cereal boxes, and so on. Tray or board (optional).	X			X	Community
Blowing Bubbles: Exploring Materials and Actions p. 967 Materials: Wire or pipe cleaners, sheet, bedspread, or large piece of plastic (optional), ¼ cup dishwashing detergent (Joy and Dawn work best), 8 cups water, 1 tablespoon corn syrup, spoon, large plastic container with lid, smaller plastic container.		X	X	X	Designing/Guiding
Blowing in the Band: Playing Together and Using Small Muscles p.969 Materials: Part horns, noise makers, harmonicas, whistles, kazoos, toy bugle.			X	X	Nurturing
Blowing in the Wind: Developing Small Muscles and Experimenting p.971 Materials: Hole punch or scissors, colorful scrap paper, sheet, bedspread, or large piece of plastic (optional), shallow pan with ½ inch of water, Drinking straws, things that float (such as ping pong balls, corks, small boats, or bathtub toys)			X	X	Supporting Learning

PAT Activity Pages: 24 to 36 Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
Bowling: Rolling, Aiming, and Making Rules p.973 Materials: six 2-liter plastic bottles, sand or water (optional), small, soft ball about 6 inches in diameter.		X	X	X	Responding
Clips and Tongs: Pinching and Squeezing p.975 Materials: Clothes pins, chip clips, or other clips, cardboard box, variety of small soft objects (cotton balls, pompoms, paper strips, ribbon), tongs, yarn or string.			X	X	Designing/Guiding
Counting: Learning Numbers and Understanding Small Quantities p.977 Materials: 3 identical objects found around the house (such as crackers, cups, or blocks) 3 or 4 familiar objects or toys.	X		X		Supporting Learning
Drawing and Writing: Making Marks and Learning About Language p.979 Materials: Assortment of paper or other writing surfaces, crayons, markers, chalk and pencils of different sizes. Parent handout: Stages of Drawing and Writing.	X			X	Communicating
Dressing Teddy: Putting on Clothes and Pretending p.981 Materials: Large stuffed animal or teddy bear, Child's t-shirt, shorts, socks and hat that will easily slip on the stuffed animal. Several pairs of adult shoes and slippers.		X	X	X	Designing/Guiding
Favorite Foods Matching Book: Observing and Shopping p.983 Materials: 4 zip-top bags, gallon of quart size. Hole punch (optional), Yarn or shoe lace, tape (optional), 4 square pieces of cardboard or construction paper, scissors, labels or pictures of your child's favorite foods, glue sticks.		X	X	X	Communicating
Finding Colors: Learning Words and Matching p.985 Materials: Large coffee can with a lid or another large metal container, plastic tape, drawing paper, paint or permanent markers, lids from juice concentrate cans or cardboard circles, self-adhesive magnetic strips, scissors, crayons			X	X	Supporting Learning
Finger-painting: Using Small Muscles and Experimenting p.987 Materials: plastic tablecloth, old adult-size shirt (optional), finger-paint paper or waxed paper, large tray or cookie sheet, paper towels or wipes for cleaning up, finger-paints, small sponges, cotton swabs, plastic spoons, and other tools for spreading.			X	X	Communicating

PAT Activity Pages: 24 to 36 Months

PAT Activity and Materials Needed	Lang.	Soc.& Emo.	Cog.	Motor	Parenting Behaviors
Fishing: Using Eyes and Hands Together p.989 Materials: Wrapping paper tubes, sticks, or long rods. String, small magnet that can be tied to the string, paper clips, paper, scissors.		X		X	Supporting Learning
Hidden Object Game: Feeling, Noticing, and Describing p.991 Materials: Large plastic cup, short, dark sock large enough to hold the cup, collection of small objects pairs (such as keys, jar lids, toy cars, plastic animals, balls or blocks)			X	X	Responding
How Do I Sound? Talking and Taking Turns in Conversations p.993 Materials: Recording device (message on a phone, cell phone video, video camera, recordable greeting card) Favorite activity or toy.	X	X			Communicating
In the Kitchen: Helping and Learning p.995 Materials: A favorite recipe, ingredients and equipment listed in the recipe, apron or cover-up (optional)	X		X	X	Responding
I Spy Bottle: Recognizing and Remembering p.997 Materials Small, clear plastic bottle (16 ounces), 3 or 4 small, brightly colors objects. Salt, rice, cornmeal, or birdseed. Funnel, Glue, Plastic tape.			X	X	Supporting Learning
Learning Finger plays: Imitating and Listening p. 999 Materials: Copies of one or two finger plays that are favorites of yours or your child's. Small paper bag, glue and scrap paper, markers.	X		X	X	Communicating
Make Your Own Snacks: Measuring, Stirring, Talking, and Tasting p.1001 Materials: O-shapes cereal, small pretzels, raisins, or other favorite dry foods.	X		X		Designing/Guiding
Matching Games: Noticing Patterns and Differences p.1003 Materials: Stickers, sets or any duplicate pictures (from catalogs, grocery advertisements, magazines, or printouts from the internet), Index cards, construction paper, or cardboard, glue or glue stuck, pocket folder or envelope.			X	X	Responding
Memory Games: Matching and Playing Cards Together p.1005 Materials: 6 set of 4 identical playing cards or matching cards (24 cards total), safety scissors, 2 pieces of 8 ½ by 11 inches lightweight cardboard (optional), Markers (optional), tape (optional).		X		X	Supporting Learning

PAT Activity Pages: 24 to 36 Months

PAT Activity and Materials Needed	Lang.	Soc. & Emo.	Cog.	Motor	Parenting Behaviors
My Space: Self-Calming and Making Choices p.1007 Materials: Large, sturdy box. Pictures from magazines (optional), scissors and glue (optional), crayons and markers (optional), Cuddly items like pillow, blankets, and stuffed animals. Rope (optional)		X		X	Designing/Guiding
Mystery Match: Naming and Matching p.1009 Materials: Stiff paper such as lightweight cardboard, file folders, or brown paper grocery bags. Markers, 4 or 5 familiar household objects (such as a toothbrush, comb, doll's shoe, or spoon), Geometric blocks or shapes (triangle, square, circles, or rectangle)	X		X		Designing/Guiding
Nature Walk: Classifying and Enjoying Nature p.1011 Materials: Empty paper towel tube, cut in half, tape, yarn, rubber band (optional), Egg carton or small sack, Cellophane (optional), Unbreakable magnifying glass.	X		X		Designing/Guiding
No-Cook Dough: Experimenting and Exercising Small Muscles p.1013 Materials: Ingredients for no-cook dough: ½ cup water, food coloring, 1 cup flour, and ½ cup salt. Large mixing bowl, Plastic table cover or large tray. Collection of short straws and small containers such as lids, cups and cookie cutters. Zip-Top bag.			X	X	Nurturing
Paper Bag Road: Using Small Muscles and Planning Play p.1015 Materials: Paper grocery bags or shopping bag, scissors, crayons, small cars, trucks, boxes, and blocks. Masking tape.			X	X	Responding
Parachute Play: Controlling Large Muscles and Experimenting p.1017 Materials: : 2 large balls (about 12 inches in diameter, such as beach balls or plastic balls) Towel or small blanket			X	X	Communicating
People Pictures: Talking About Feelings and Fears p.1019 Materials. Photographs of family friends, pictures from magazines, newspapers, and catalogs. Lightweight cardboard or construction paper, glue, markers and blank paper, mirror, tape.	X	X			Nurturing
Play Sets: Talking, Creating, and Imagining p.1021 Materials: cardboard boxes or various sizes, scissors, markers, household items and toys, pictures of people or animals, file folder, glue stick, tape (optional).			X	X	Responding

PAT Activity Pages: 24 to 36 Months

PAT Activity and Materials Needed	Lang.	Soc.& Emo.	Cog.	Motor.	Parenting Behaviors
<p>Pretend Play: Dressing Up and Acting Out Stories p.1023 Materials: Child-size costumes and adult-size clothes. Accessories like hats, aprons, purses, briefcases, lunch boxes and so on. Suitcase, storage tub, or hallway clothes tree (optional). Props like old phones, cookware, keyboards, and so on.</p>		X	X	X	Supporting Learning
<p>Pretend Tea Party: Sharing, Learning Manners, and Taking Turns p.1025 Materials: Vinyl tablecloth or large towel. Stuffed animals, dolls, or action figures. Plastic pitcher or other container to hold water. Plastic cups with wide mouths (one for each guest). Water.</p>	X	X		X	Supporting Learning
<p>Putting Things in Order: Sorting and Making Patterns p.1027 Materials: Everyday objects or toys that share characteristic. Blocks of different sizes, shapes, or colors. Brown paper grocery bag, cut open to lay flat. Markers.</p>			X	X	Supporting Learning
<p>Racquet Play: Aiming, Swinging, and Hitting p.1029 Materials: Wooden paint stirrers or paper towel tubes. Paper plates. Duct tape or wide packing tape. Sock ball, yarn ball, or other soft ball. Yarn, string, or elastic. Scissors.</p>		X		X	Nurturing
<p>Remember When Box: Sharing and Recalling Past Events p.1031 Materials: Small box with a lid. Special items from your home.</p>	X	X	X		Nurturing
<p>Shape Hop: Controlling Movement and Imagining p.1033 Materials: Lightweight cardboard or poster board. Chalk or markers. Scissors. Heavy duty tape.</p>				X	Responding
<p>Shaving Cream Play: Smelling, Touching, and Experimenting p.1035 Materials: Plastic tablecloth, magazine picture (covered in clear contact paper) or plastic placemat. Cookie sheet or large tray, shaving cream, paper towels or wet wipes. Lightweight cardboard (optional), glue (optional).</p>			X	X	Nurturing
<p>Size Sort: Collecting and Comparing p.1037 Materials: Large bag or pillow case. Several of the same items in different sizes (a baby sock, child sock, and adult sock, or a baby spoon, teaspoon, and tablespoon), paper and crayons (optional)</p>	X		X		Nurturing

PAT Activity Pages: 24 to 36 Months

PAT Activity and Materials Needed	Lang.	Soc. Emo.	Cog.	Motor	Parenting Behaviors
Sorting: Noticing Differences and Pretending p.1039 Materials: A variety of apples (big, small, red, green, and yellow, with spots, without stems) or other objects that are similar like toy cars or balls. Basket, large bowl, or box. Food advertising flyer (optional).			X	X	Communicating
Sticky Paper Collage: Creating and Working on Eye-Hand Coordination p.1041 Materials: Contact paper, lightweight "found objects" or toys (sticks, leaves, feathers, magazine pictures, and so on) Scissors.			X		Designing
Tie-Dye Fun: Pinching, Experimenting, and Learning Colors p.1043 Materials: Medicine droppers for each person (available at drugstores), old shirts or paint smocks, plastic tablecloth, ice cube tray with water. Food coloring (preferably small squeeze bottles). Coffee filters, waxed paper, paper towels, and other kinds of paper.			X	X	Supporting Learning
Tool Time: Aiming, Turning Bolts, and Hammering p.1045 Materials: large block of Styrofoam (the type used in packing or firmly packed dirt in a container). 4 large nails or golf tees. Plastic or lightweight hammer. Burlap or other strong material. Nut and bolt (2 ½ inches) made of metal or plastic. Handout: Rhymes and songs Add-a-Page Book: M-S (optional)				X	Designing/Guiding
Two Halves Make a Whole: Matching and Solving Problems p.1047 Materials: Empty boxes from cereal, crackers, or other foods. Scissors, paper plate (optional), Crayons (optional).			X	X	Supporting Learning
Washcloth Puppet: Talking and Pretending p.1049 Materials: Washcloth. Needle and thread. Fabric maker or permanent marker.	X	X			Communicating
What My Body Can Do: Controlling Movement and Labeling p.1051 Materials: Teddy bear, baby doll, or stuffed animal	X			X	Nurturing
Word Book: Learning Language and Enjoying Reading Together p.1053 Materials: 4 zip-top bags, preferably freezer strength (quart size or smaller), Hole punch (optional), scissors, pipe cleaner, shoe strings, or yarn. Construction paper or lightweight cardboard. Magazine picture or photos of familiar objects, Glue stick, markers.	X			X	Communicating