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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  Create a family style meal. Place the food in kid-friendly bowls at the middle of the table. Allow your child to use a utensil (tongs, fork, spoon) to serve herself. | Count with your child. Find object throughout the day that you can count together. Examples: birds, crayons, plates on the table, stuffed animals, block stacked. | Talk to your child about their emotions. *“You are laughing, you thought that dog was funny.”* | Identify colors with your child. Point out colors your child is wearing. Ask them what colors they see. | Provide an open cup for your child to drink from. She will be using these in the classroom. | Safe Space-Provide a safe space in your home that your child can go to rest or calm their bodies. | Identify shapes throughout your day with your toddler. Ask your toddler to identify shapes they see. |
| Heart outlineBrain outline | Heart outlineBrain outline | Run outlineHeart outline | Heart outlineBrain outline | Heart outlineRun outline | Heart outline | Run outlineHeart outlineThought bubble outline |
| Pat Activity: **Make Your Own Snack** | Pat Activity: **Counting** | Pat Activity: **Bears with Feelings** | Pat Activity: **Finding Colors** | Pat Activity: **Pretend Picnic** | Pat Activity: **My Space** | Pat Activity: **Shape Hop** |
| Clock with solid fill \_\_\_\_\_\_\_\_\_\_\_Estimated: 10 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_Estimated: 5 minutes |

