















# Social Emotional Development Activities

Social Emotional Development is a child's emerging ability to experience, regulate, and express a range of emotions. Age 0-12 Months. Week 3.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Your baby is experiencing new sensory stimulations. You provide a security to your child when you can be close when he experiences something new.	After changing your baby's diaper, take some time to gently stretch their arms and legs.	Find a toy your child likes to play with. Interact with her while she plays. Talk to her about what the toy and what it does.	Your child may be trying to crawl or walk on their own. When your child starts to explore, be close by to help her up if she falls. These moments will help build her trust.	Your baby is learning about his family members through experiences. Encourage family members to hold your baby face-to-face and talk with lots of expressions.	Wave Hello and Goodbye to your child when you leave or enter a room. This supports your child understanding social cues.	Play Peek-A-Boo with your baby. Gently hold your baby's hands over their eyes to play along.
						
Pat Activity: <b>Roll-Over and Sit Up</b>	Pat Activity: <b>Yoga</b>	Pat Activity: <b>Bang, Bang, Boom</b>	Pat Activity: <b>Cushion Mountain</b>	Pat Activity: <b>Family Faces</b>	Pat Activity: <b>Hi &amp; Bye</b>	Pat Activity: <b>Pop-Up</b>
 _____ Estimated: 5 minutes	 _____ Estimated: 5 minutes	 _____ Estimated: 5 minutes	 _____ Estimated: 5 minutes	 _____ Estimated: 5 minutes	 _____ Estimated: 5 minutes	 _____ Estimated: 5 minutes



Icons represent area of development activity supports.	
Cognitive 	Language 
Fine/Gross Motor 	Social/Emotional 

You are your child's first & MOST important teacher!

Inkind code: Inkind Calendar Social/Emotional 0;W3.