|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Provide opportunities for your child to repeat actions. This will support strengthening brain connections. | Provide your baby with different, safe items to touch. Dry sponge, velvet fabric, jean materials. | Allow your baby to hold rattles or safe toys to allow for them to discover new textures and explore with their fingers. | Sit with your child in front of a mirror to explore. Make faces with your child. | Use a lightweight ball that you can let your mobile child kick or have your up-right sitting child roll with their hands to support cause and effect | Hide your baby’s toy under a lightweight blanket. Show your baby how to lift the blanket and find the toy a few times. Let your baby try! | Place toys along your baby’s crawling path to engage their senses and encourage them to move. |
| Run outline | Run outline | Run outline | Run outline | Run outline | Run outline | Run outline |
| Pat Activity:  **Down the Chute** | Pat Activity:  **Baby’s First Feel Book** | Pat Activity:  **Fascinating Fingers** | Pat Activity:  **I See Me: Seeing Reflections** | Pat Activity:  **Kick the Can** | Pat Activity:  **Find the Toy** | Pat Activity:  **Helping Your Baby Move** |
| Clock with solid fill \_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated:5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated:10 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated:10 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated:5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated:5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes |

A picture containing text

Description automatically generated