



## COVID-19 Work Recommendations (3/18/2020)

- For asymptomatic employees with hx of casual (socially distant, brief) contact with suspected COVID-19
  - No restrictions on activity
  - Commonsense social distancing
  - If contact tests positive, self-isolate for 14 days
  - If develop symptoms, contact your PCP
- For asymptomatic recent travelers w/in US
  - No restrictions on activity
  - Commonsense social distancing
  - If develop symptoms self-isolate and contact PCP
- For asymptomatic recent international travelers to CDC level 3 zones
  - Self-quarantine for 14 days
  - If you develop symptoms, contact your PCP or Munson Hotline\*
- For asymptomatic recent international travelers to CDC level 2 (rest of world)
  - See CDC recommendations for country by country
  - No restrictions on activity
  - If you develop symptoms, begin to self-quarantine & contact your PCP or Munson Hotline\* if you do not have a PCP
- For those with mild symptoms
  - Self-quarantine for 14 days
  - Contact your PCP for recommendations and tracking for when testing is available
  - Contacts MAY continue to work but should aggressively follow social distancing
  - Contact your provider if you develop worsening symptoms
- For those with fever, cough SOB, but no travel or contact history
  - Self-quarantine for 14 days
  - Contact your PCP or call the Munson Hotline\* for advice and tracking
  - If symptoms are severe and unable to contact provider, appropriate to be evaluated in ER
  - If symptoms require hospital treatment, flu, and if negative, coronavirus testing will be done
- For those with fever, cough, SOB and travel history
  - Self-quarantine for 14 days
  - Contact your PCP or call the Munson Hotline\* for advice and tracking
  - If symptoms are severe and unable to contact provider, appropriate to be evaluated in ER
  - Flu and if negative, coronavirus testing will be done

\*Munson Healthcare's COVID-19 Hotline now includes an Ask-a-Nurse option. This line is staffed with Munson Healthcare nurses and is available for the following:

- 1) Patients and the community with clinical questions
- 2) Patients without a Primary Care Provider for facilitation of triage and screening for COVID-19

If a patient calls and he/she is established with a PCP, we will answer their questions and direct them back to their PCP for additional information and/or triage in order to keep continuity of care.

Call the COVID-19 hotline number **231-935-0951**, press 5 to access the option 7 days a week from 7 am – 7 pm. **For the most current COVID-19 updates and resources:** [munsonhealthcare.org/COVID-19Providers](https://munsonhealthcare.org/COVID-19Providers)