|  |  |  |
| --- | --- | --- |
| **PAT Resource** | **Age** | **Page #** |
| **Birth to 8 Months** |  |  |
| Parent Handout | Birth to 1 ½ Months: What is Special About This Age? | 200 |
| Parent Educator Resource | Cognitive Development: Birth to 8 Months. | 204 |
| Parent Handout | Birth to 1 ½ Months: Your Baby’s Cognitive Development.  | 207 |
| Parent Educator Resource | Looking at Development: 1 ½ to 3 ½ Months | 220 |
| Parent Handout | 1 ½ to 3 ½ Months: What is Special About This Age?  | 228 |
| Parent Handout | 1 ½ to 3 ½ Months: Your Baby’s Cognitive Development | 232 |
| Parent Educator Resource | Looking at Development: 3 ½ to 5 ½ Months | 242 |
| Parent Handout | 3 ½ to 5 ½ Months: What is Special About This Age? | 250 |
| Parent Handout | 3 1.2 to 5 ½ Months: Your Baby’s Cognitive Development | 256 |
| Parent Educator | Looking at Development: 5 ½ to 8 Months | 275 |
| Parent Handout | 5 ½ Months: What is Special About This Age?  | 283 |
| Parent Handout | 5 ½ to 8 Months: Your Baby’s Cognitive Development | 292 |
| Activity Birth-1 ½ | Dancing Ribbons: Stimulating the Senses and Observing your Baby | 723 |
| Activity Birth- 1 ½ | Face Patters: Visual Tracking and Focusing | 725 |
| Activity Birth- 1 ½ months | Looking at Faces: Looking and Loving | 733 |
| Activity 1 ½- 3 ½ Months | Baby’s First Feely Book: Touching, Tasting, and Seeing | 742 |
| Activity 1 ½- 3 ½ | A Soft, Gentle Breeze: Feeling and Listening | 756 |
| Activity 1 ½ to 3 ½  | Tracking Toy: Watching and Learning | 758 |
| Activity 3 ½ to 5 ½ | Bubbles for Baby: Watching and Popping | 763 |
| Activity 3 ½ to 5 ½  | Fascinating Fingers: Watching and Discovering  | 765 |
| Activity 3 ½ to 5 ½  | I see Me: Seeing Reflections | 775 |
| Activity 3 ½ to 5 ½ | Kick the Can: Seeing and Moving | 777 |
| Activity 5 ½ to 8 months | Ball in A Box; Exploring and Solving Problem |  |
| Activity 5 ½ to 8 moths | Causing Effects: Controlling Balance, Sitting, and Dropping | 802 |
| Activity 5 ½ to 8 months | Family Faces: Looking at Photos and Socializing  | 808 |
| Activity 5 ½ to 8 months | Find the Toy: Seeking and Hiding | 810 |
| Activity 5 ½ to 8 months | Flip Flap: Looking and Remembers | 812 |
| Activity 5 ½ to 8 Months | Helping Your Baby Move: Exploring and Gaining Strength | 814 |
| Activity 5 ½ to 8 Months | Pop Up: Listening and Anticipating |  |
| Activity 5 ½ to 8 months | Shake, Rattle, Roll, and Crawl: Building Muscles and Moving Independently | 820 |
| Activity 5 ½ to 8 months | Wave Bottle: Experimenting and Turning | 824 |
| **8-24 Months of Age** |  |  |
| Parent Educator Resource | Looking at Development: 8 to 14 Months | 301 |
| Parent Handout | 8 to 14 Months: What is Special About This Age? | 310 |
| Parent Handout | Words Your Child Understands | 323 |
| Parent Educator Resource | Cognitive Development: 8 to 14 Months | 327 |
| Parent Handout | 8 to 14 Months: Your Baby’s Cognitive Development | 331 |
| Parent Educator Resource | Looking at Development: 14-24 Months | 354 |
| Parent Handout | 14-24 Months: What is Special About This Age? | 360 |
| Parent Handout | 14-24 Months: Your Child’s Cognitive Development |  |
| Activity 8-14 Months | Baby Discovery Jug: Dropping and Retrieving | 827 |
| Activity 8-14 Months | Blanket Pull: Planning and Coordinating | 831 |
| Activity 8-14 Months | Chase the Can: Being Curious and Crawling | 837 |
| Activity 8-14 Months | Down the Chute: Experimenting and Coordinating Movements | 839 |
| Activity 8-14 Months | Lid Pictures: Naming and Stacking | 843 |
| Activity 8-14 Months | Mirror Play: Looking and Finding | 845 |
| Activity 8-14 Months | Obstacle Course: Crawling Over and Around | 847 |
| Activity 8-14 Months | Paper Pull: Using Small Muscles and Understanding Cause and Effect | 849 |
| Activity 8-14 Months | Touch Textures: Using Senses and Fine Motor Skills | 863 |
| Activity 8-14 Months | Unwrapping a Toy: Being Curios and Exploring | 865 |
| Activity 8-14 Months | Using Fingers: Picking up and Observing Objects | 867 |
| Activity 8-14 Months | Where Did it Go? Looking and Touching | 871 |
| Activity 8-14 Months | Where’s the Block? Looking for Hidden Objects | 873 |
| Activity 14-24 Months | Book of Sounds: Relating Sounds to Objects | 880 |
| Activity 14-24 Months | Chips in a Can: Problem Solving and Practicing Eye-Hand Coordination | 882 |
| Activity 14-24 Months | Crazy Cups: Stacking and Unstacking | 884 |
| Activity 14-24 Months | Egg Carton Game: Picking PU and Placing | 888 |
| Activity 14-24 Months | Hinging on Play: Using Small Muscles and Being Curious | 896 |
| Activity 14-24 Months | Homemade Guitar: Strumming and Plucking | 898 |
| Activity 14-24 Months | Loud and Soft Sounds: Listening to and Creating Sounds | 902 |
| Activity 14-24 Months | Making Instruments: Listening and Moving to the Beat | 904 |
| Activity 14-24 Months | Nesting Cans: Planning, Experimenting, Learning  | 908 |
| Activity 14-24 Months | Paper Play: Crumpling and Filling | 914 |
| Activity 14-24 Months | Pull Toys: Walking and Using Large Muscles | 922 |
| Activity 14-24 Months | Puzzle Box: Gaining Self-Confidents and Solving Problems | 924 |
| Activity 14-24 Months | Rainmaker: Experimenting and Touching | 926 |
| Activity 14-24 Months | Scribbling with Crayons | 928 |
| Activity 14-24 Months | Sensory Box: Filling, Sorting, Pouring, and Exploring | 930 |
| Activity 14-24 Months | Shape Sorter Box: Using Small Muscles and Trying Again | 932 |
| Activity 14-24 Months | Stacking and Building: Using Small Muscles and Discovering Shape | 936 |
| Activity 14-24 Months | Tennis Ball Puzzle: Dumping, Matching, and Thinking | 944 |
| **24-26 Months** |  |  |
| Parent Educator Resource | Looking At Development: 24-36 Months | 403 |
| Parent Handout | 24-36 Months: What is Special About This age | 408 |
| Parent Handout | 24-36 Months: Your Child’s Cognitive Development | 417 |
| Parent Educator Resource | Beginning to Understand Number Concepts | 419 |
| Parent Handout | Beginning to Count | 422 |
| Parent Educator Resource | Thinking Skills: Dynamic System of Attention, Memory, and Strategies | 424 |
| Parent Handout | Thinking Skills: Matching, Sorting, and Classifying.  | 428 |
| Parent Handout | More Thinking Skills: Learning the Rules | 430 |
| Activity 24-36 Months  | Basket of Balls: Controlling Actions and Matching | 959 |
| Activity 24-36 Months | Beading: Using Finger Muscles and Making Patterns | 961 |
| Activity 24-36 Months | Blowing Bubbles: Exploring Materials and Actions | 967 |
| Activity 24-36 Months | Blowing in the Band: Paying Together and Using Small Muscles | 969 |
| Activity 24-36 Months | Blowing in the Wind: Developing Small Muscles and Experimenting | 971 |
| Activity 24-36 Months | Bowling: Rolling, Aiming, and Making Rules  | 973 |
| Activity 24-36 Months | Clip and Tongs: Pinching and Squeezing | 975 |
| Activity 24-36 Months | Counting Learning Numbers and Understanding Small Quantities | 977 |
| Activity 24-36 Months | Dressing Teddy: Putting on Clothes and Pretending | 981 |
| Activity 24-36 Months | Favorite Food Matching Book: Observing and Shopping | 983 |
| Activity 24-36 Months | Finding Colors: Learning Words and Matching | 985 |
| Activity 24-36 Months | Fingerpainting: Using Small Muscles and Experimenting | 987 |
| Activity 24-36 Months | Hidden Object Game: Feeling, Noticing, and Describing | 991 |
| Activity 24-36 Months | In the Kitchen: Helping and Learning | 995 |
| Activity 24-36 Months | I Spy Bottle: Recognizing and Remembering | 997 |
| Activity 24-36 Months | Learning Fingerplays: Imitating and Listening | 999 |
| Activity 24-36 Months | Making Your Own Snacks: Measuring, Stirring, Talking, and Tasting | 1001 |
| Activity 24-36 Months | Matching Games: Noticing Patterns and Differences | 1003 |
| Activity 24-36 Months | Mystery Match: Naming and Matching | 1009 |
| Activity 24-36 Months | Nature Walk: Classifying and Enjoying Nature | 1011 |
| Activity 24-36 Months | No Cook Dough: Experimenting and Exercising Small Muscles | 1013 |
| Activity 24-36 Months | Paper Bag Road: Using Small Muscles and Planning Play | 1015 |
| Activity 24-36 Months | Parachute Play: Controlling Large Muscles and Experimenting | 1017 |
| Activity 24-36 Months | Play Sets: Talking, Creating, and Imagining | 1021 |
| Activity 24-36 Months | Pretend Play: Dressing Up and Acting Out Stories | 1023 |
| Activity 24-36 Months | Pretend Tea Party: Sharing, Learning Manners, and Taking Turns | 1025 |
| Activity 24-36 Months | Putting Things in Order: Sorting and Making Patterns | 1027 |
| Activity 24-36 Months | Remember When Box: Sharing and Recalling Past Events | 1031 |
| Activity 24-36 Months | Size Sort: Collecting and Comparing | 1037 |
| Activity 24-36 Months | Sorting: Noticing Differences and Pretending | 1039 |
| Activity 24-36 Months | Sticky Paper Collage: Creating and Working on Eye- Hand Coordination | 1041 |
| Activity 24-36 Months | Tie-Dye Fun: Pinching, Experimenting, and Learning Colors.  | 1043 |
| Activity 24-36 Months | Two Halves Make a Whole: Matching and Solving Problems | 1047 |
| Activity 24-36 Months |  |  |
| **3 Years of Age** |  |  |
| Parent Handout | 3 Years: What is Special About this age? | 450 |
| Parent Handout | 3 Years: Your Child’s Cognitive Development | 454 |
| **General** |  |  |
| Parent Educator Resource | The Amazing Brain of a Baby | 105 |
| Parent Educator Resource | Brain Development: Sensitive Periods | 115 |
| Parent Handout | Helping Your Child’s Brain During Sensitive Periods | 121 |
| Parent Educator Resource | Executive Function in the Early Years | 131 |
| Parent Handout | Building Skills for Planning and Doing | 137 |
| Parent Educator Resource | Playing With Blocks  | 147 |
| Parent Handout | Your Child Loves to Play With Blocks | 151 |
| Parent Handout | Ways To Have Fun With Your Child | 1108 |
| Parent Handout | Pretend Play With Your Child | 1110 |