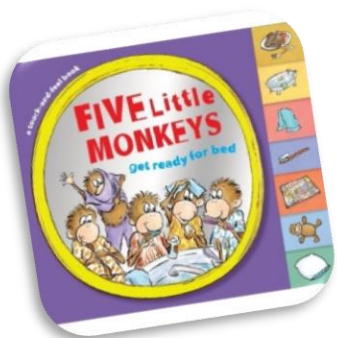


Five Little Monkeys

Get Ready for Bed

By Eileen Christelow



Touch and feel books are a fun addition to any home library! Tactile experiences provide opportunities for your little one to explore with their fine muscles and learn words that describe new textures.

Prompts to Use:

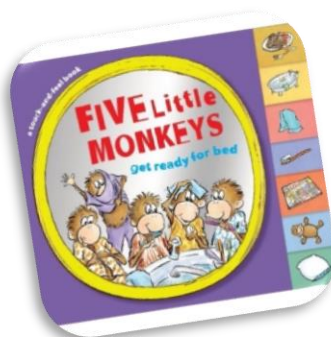
Show me your favorite texture.
What does that feel like?
Tell me what you see.

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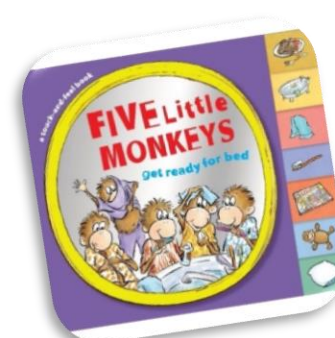
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Bedtime Routines:

- Routines are an important part of your child's life. Routines provide structure and a sense of safety.
- A bedtime routine is a great way to help transition your child into sleep.
- As your child ages, current routines may no longer work. Adjust your routine to the needs of your child.

**What does your
child's bedtime
routine look like?**

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