|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Have fun playing pretend kitchen with your child. Make a pretend dinner using toy food or making food with cardboard and crayons. | Find different motor activities to help with everyday transitions. Hop to the bathroom for a potty break. Slither like a snake to the bedroom for nap time. | Find the same object in different sizes that your child can put in order of size. Examples could be apples, potatoes, or balls. Talk about the similarities and differences. | With your supervision, let your child play with a water sensory tub. Fill a container with a few inches of water and put measuring cups, and toys that sink or float. | Sing the song Head, Shoulders, Knees, and Toes with your child. Stretch your body with your child and point to different body parts. | Provide lots of opportunities throughout the day for your child to explore books. | Spend time outside with your child. Allow them to run and climb on safe structures. |
| Thought bubble outlineHeart outline | Thought bubble outlineBrain outline | Brain outlineThought bubble outline | Thought bubble outlineBrain outline | Thought bubble outline | Brain outline | Heart outline |
| Pat Activity:  **Pretend Tea Party** | Pat Activity:  **Shape Hop** | Pat Activity:  **Size Sort** | Pat Activity:  **No Cook Dough** | Pat Activity:  **What My Body Can Do** | Pat Activity:  **Word Book** | Pat Activity:  **Nature Walk** |
| Clock with solid fill \_\_\_\_\_\_\_\_\_\_\_  Estimated: 10 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 10 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 10 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 15 minutes |

A picture containing text

Description automatically generated\