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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Find an open space to gently kick a ball back and forth to your child. Have other family members join in on the fun. | Go on a scavenger hunt around your house with your toddler to find different objects that can be strung on a string. | Search your home with your toddler to find objects that they can safely stack. Talk to your toddler about heavy and light objects. | Blow bubbles with your child. Blow them high and low so your child must jump or stretch their body to reach them. Use the words “high” and “low” . | Ask your child to walk around the house and find objects that match.  Example: “Find 3 objects that are green.” | Provide opportunities throughout the day to let your child scribble on paper. This will support building muscle strength in their hands for writing when they are older. | Provide opportunities throughout your day to allow your child to dress himself. |
| Heart outline | Brain outline | Thought bubble outlineBrain outline | Brain outline | Brain outlineThought bubble outline | Brain outline | Heart outline |
| Pat Activity:  **Ball Play** | Pat Activity:  **Beading** | Pat Activity:  **Blocks** | Pat Activity:  **Blowing Bubbles** | Pat Activity:  **Counting** | Pat Activity:  **Drawing & Writing** | Pat Activity:  **Dressing Teddy** |
| Clock with solid fill \_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 10 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 10 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 10 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 10 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes |

A picture containing text

Description automatically generated