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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Provide opportunities throughout the day to allow your baby to sit up with support from pillows. | Play Peek-A-Boo with your baby. Show him how to use his hands to cover his eyes. | Practice different sign language words with your baby. Ask your home visitor for suggestions. | Find a safe ball to roll back and forth to your child. Include other family members in the fun. | Let your baby hold on to board books and attempt to turn the pages**.** | When your older baby is ready, let your baby attempt to use her fingers to feed herself. | Provide lots of opportunities throughout the day to allow your baby to explore freely and safely on the floor**.** |
| Heart outline | Thought bubble outlineBrain outline | Brain outlineThought bubble outlineHeart outline | Heart outlineBrain outline | Brain outlineThought bubble outline | Heart outlineBrain outline | Thought bubble outline |
| Pat Activity:  **Clap to the Music** | Pat Activity:  **Find the Toy** | Pat Activity:  **Hi and Bye** | Pat Activity:  **Ball Play** | Pat Activity:  **Sing a Song** | Pat Activity:  **Snack Time** | Pat Activity:  **Bang, Bang, Bang!** |
| Clock with solid fill \_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated: 5 minutes | Clock with solid fill\_\_\_\_\_\_\_\_\_\_\_  Estimated:5 minutes |

A picture containing text

Description automatically generated